Rationale:

- The Health & Physical Education program promotes lifelong participation in physical activity through the development of attitudes, skills and movement competence. The program helps young people learn about factors, including nutrition, that promote and protect the physical, social and emotional health of individuals, and they learn to identify harms associated with particular situations and behaviours, and how to take action to minimise these harms.

Aims:

- Health & Physical Education encourages students to develop the knowledge, skills and behaviours that enable them to:
  - maintain good health and live a healthy lifestyle
  - understand the role of physical activity in ensuring good health
  - engage in physical activity,
  - encourage healthy food choices and water only drinking.

Implementation:

- The Health & Physical Education domain is an essential component of the Physical, Personal and Social Learning strand of the Victorian Essential Learning Standards.
- All students at our school will study a sequential Health & Physical Education course based upon the learning focus statements contained within the Victorian Essential Learning Standards.
- All physical education and sport teachers are required to work with their respective teams, sections or faculties to contribute to the development and implementation of viable and guaranteed Physical Education and Sport courses for all students, and to implement student needs based lessons using agreed planning templates and lesson structures.
- Appointed physical education staff will provide a sequential Physical Education skills and sporting program for all students.
- Learning opportunities must be provided that cater for the identified needs of each student.
- Student progress in both dimensions of Health and Physical Education will be reported in half and end of year academic reports.
- Students in P-3 will be timetabled for daily 20-30 minutes physical education sessions, while students in 4-6 will be timetabled for 3 hours per week including a maximum of 90 minutes for sport, the balance dedicated to physical education.
- Budgets that provide for the needs of both the Health and Physical Education programs will be developed by staff and resourced by school council.
- The Physical Education coordinator will be responsible for coordinating the school’s athletic, swimming, inter-school and intra-school sports programs.

Evaluation:

- This policy will be reviewed as part of the school’s three-year review cycle.

This policy was last ratified by School Council in... 13TH September 2010