**Cookbook Arrives for Education Week**

Brodie Corcoran from 1/2H is looking forward to his mum Kylie making some of the delicious recipes from the Sunbury Heights Primary School Healthy Choices Cookbook. The books were delivered this week just in time for Education Week. At the Open Night next Tuesday evening, books will be on sale and orders will be taken. (MAYBE THERE WILL EVEN BE SOME SAMPLES) There will also be an order form for families to take to neighbours and work friends so that we can hopefully sell all the recipe books and continue our excellent fundraising work for the benefit of our students.

Valued at $15.00, the cook book will be sold to Sunbury Heights Family and Friends for the bargain price of only $10.00.
**Personal Safety Strategies**

Principals have been asked to remind parents to talk to their children about personal safety strategies when coming to and from school. Please remind children not to engage in conversation with strangers and not to get into cars offering lifts, gifts, foods etc.

Please advise your children to

- walk home in pairs
- not talk to strangers
- tell a trusted adult if they are approached or feel unsafe

Not to approach any person acting suspiciously but rather contact police with as much detail as can be obtained, particularly any car registration number.

**School Crossing News**

For our children’s safety please remember that your children cannot be dropped off or picked up at the crossing. Infringement officers are patrolling our local schools and infringement notices will be handed out.

**Saving For Patch**

Congratulations to Luke Williams from Prep D who was this week’s lucky Saver. Luke will be presented with his Patch money box at Mondays Education Week assembly.

**Fun Run Photos**

Jack Thomas an ex student of SHPS is developing into a fine sports photographer and is coming along to our Fun Run next Friday to take some action shots of the students running.

Jack graduated from the Diploma of Photo-Imaging course at RMIT in Melbourne in November 2013. Jack’s love for sport has pushed and aided him towards specializing in sports photography, and while he strives to capture great action shots he has found himself exploring all different genres of photography, from looking into wedding photography, portrait photography and everyday life.

Jack’s website is [www.jackthomas.com.au](http://www.jackthomas.com.au) If you are interested in purchasing professional photos of your little runner on the day.

**Mother’s Day Writing**

I hope everyone enjoyed the fine weather and enjoyed spending time with their children and own mothers last Sunday on Mother’s Day. All the students in Ms Harding’s grade did some terrific writing on Monday morning about the special day.

**Bend Stretch Twist and Smash**

On Tuesday 13th May, while the 3’s and 5’s were completing their NAPLAN testing, the year 1/2’s were having a ball in science exploring the properties of materials.

Lydia from Monash University came to our school and ran 3 sessions with the children. Together they conducted a range of hands on activities where they investigated the properties of various materials.

The children learnt that some materials can, bend, stretch, squash or twist. They were able to manipulate the various materials and group them accordingly.

They then were able to alter the shape of paper to make it hold 40 times its own weight. By changing the shape of plasticine they were able to get it to float in water, rather than have it sink.

The children loved the part where they got to play with a non-Newtonian fluid called ‘Oobleck’ (cornflour and water) They saw how this substance could run like a fluid, suck their hands in like quicksand, provide resistance and make it hard for them to get their hand out and be able to punch it without it splattering everywhere.

Students discovered how changing the temperature of a substance makes it run faster or slower. They were introduced to the terms atoms and molecules and saw how these work by food dye spreading through hot and cold water.

It was a delight to see the children getting so much enjoyment out of this activity. The children were very responsive and so very well behaved that **Lydia made mention** of our outstanding students. Well done 1/2’s.
NEED MORE TOILET PAPER???
Just in case you haven’t heard, the Junior School Council is promoting the use of environmentally friendly toilet paper. When making your next purchase look for recycled paper with the FSC logo. The logo indicates that the paper has been manufactured by a responsible company, with care taken to protect the environment.

On our Junior School Council casual day for the vegetable gardens we raised an incredible $286 and we have already started spending! Each of the one/two classrooms now as a Spinach People Pot. Two students from each class, expertly created a face for their pot. This took a lot of thought and negotiating as they decided which recycled items would be most suitable. Once the faces were created care of the pot was passed to another two students who filled the pots with soil and compost, and planted the spinach seeds.

These pots have now been placed outside the classrooms so the children can enjoy watching their Spinach Pot People grow.

In addition to the materials for making the Spinach Pot People, the casual day money was used to purchase cabbage and broccoli seedlings which the children have now planted, as well as gardening gloves and face masks.

We will have enough left money to keep the vegetable garden growing over the Winter months. Thank you to everyone who made a donation.

Junior School Council

<table>
<thead>
<tr>
<th>Grade</th>
<th>Student</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep D</td>
<td>Max Kamarinos</td>
<td>For working hard to complete all of his work.</td>
</tr>
<tr>
<td>1/2R</td>
<td>Isabelle O’Shannessy</td>
<td>For working hard to ensure she reads for meaning.</td>
</tr>
<tr>
<td>1/2P</td>
<td>Riley Bennett</td>
<td>Great work using the read on strategy in his reading.</td>
</tr>
<tr>
<td>3/4K</td>
<td>Tyler Kovzan</td>
<td>For showing great resilience.</td>
</tr>
<tr>
<td>3/4W</td>
<td>Priya Govender</td>
<td>For an excellent persuasive piece on crazy hair.</td>
</tr>
<tr>
<td>5P</td>
<td>Lily Drummond</td>
<td>For being a helpful classmate and for putting 100% effort into her 'Stormy Seas' story.</td>
</tr>
<tr>
<td>5A</td>
<td>Chelsie Hendahewa</td>
<td>For having pride in her work and always giving 100%.</td>
</tr>
<tr>
<td>SCIENCE</td>
<td>Lily Hutcheon</td>
<td>For great listening and enthusiasm during the Incursion.</td>
</tr>
<tr>
<td>Mrs Warrior</td>
<td>Jack Crosland</td>
<td>For finishing his 100 Reading Lessons.</td>
</tr>
</tbody>
</table>
On Friday 23rd May 2014, our Prep to Grade 6 students will be putting on their running shoes to participate in our school Fun-Run. Student's pound the pavement will be seeking sponsorship from family, friends and members of the community for participating in the school Fun-Run. Money raised on the day will go towards buying new sports equipment for all students at Sunbury Heights Primary School.

Fun Run Raffle tickets have already been sent home, 50c each or $5 a book. ‘You have to be in it to win it’.

This year we have some amazing prizes up for grabs:
- Star Pharmacy Hampers
- Signed Essendon Jumper from Patrick Ryder, Dylan Van Unen, and Zach Merrett
- Signed Carlton Jumper from Chris Judd
- Signed Collingwood jumper from Dane Swan and Scott Pendlebury
- Signed Sam Mitchell (Hawthorn FC) Framed photo
- Signed Matthew Boyd (Western Bulldogs FC) Framed photo
- Signed AFL merchandise
- Signed Dyson Heppell (Essendon FC) Framed photo
- Signed AFL merchandise
- Signed Sport Books
- Signed Lynx Packs
- Signed Drink bottles and much more.

Please ensure your raffle tickets are returned to school by Thursday 22nd May 2014.

There will also be a sausage sizzle lunch on the Fun Run day. Bring your money with you on the day. Don’t miss out!

Sausages $2 each
Drinks $2 each (soft drink / water)

SPEECH PATHOLOGY SERVICES:
Angela Tararas (Sp.Path) and Melissa Roussou (Sp.Path), currently visit and provide Sunbury Heights with private speech pathology services in the following areas:
- Cognitive skills: or ‘thinking skills’ such as planning, problem solving, sequencing, remembering information.
- Auditory comprehension: understanding information that is heard that is, understanding what is said by others.
- Reading comprehension: understanding written words, sentences, paragraphs, newspaper articles etc.
- Verbal expression: expressing needs, thoughts or ideas by generating appropriate words and sentences and speaking aloud.
- Written expression: expressing thought or ideas by writing legible words, sentences, paragraphs or essays.
- Articulation: producing clear/intelligible speech across various communication situations and using appropriate intonation/pitch/loudness variation.
- Voice: production of normal voice quality; avoiding vocal cord abuse/pathology.
- Fluency: producing smooth, fluent, non-stuttered speech.
- Pragmatics: successfully maintaining a topic during conversation, providing communication partners with appropriate information in response to questions and using appropriate eye contact and non-verbal communication

Angela and Melissa are members of Speech Pathology Australia, Medicare providers and hold current ‘Working with Children Check’.

Parents are welcomed to contact Angela Tararas (Sp.Path) for further information or any queries
Ph: 0401 572 940
E: tararasp.path@optusnet.com.au